

ABSTRACT

Snack food can be source of high energy and high protein for children and adult supplementing their nutritional requirement. Preparation of a high protein nutritional baked snack food comprises of vegetable sources as wheat flour, roasted peanut paste, sesame seed, soybean flour and well balanced mixture of vitamins, minerals and others. Ingredients dissolved in formula water after powdering, dehulling as required etc. are mixed to get homogenous dough. Dough is sheeted and cut using circular die of 3.0-4.0mm diameter. It is baked at 180-220°C for 4-6 min.